

THE POSITIVES

WEEK TWO

AVAILABLE DAILY – SELF SERVICE BAR
Salad bar, fruit bar, homemade
breads & water.



Monday

MAIN MEAL
Italian Beef Lasagne
GLUTEN
MAY CONTAIN EGGS

VEGGIE MEAL
Veggie Lasagne
GLUTEN/MILK
MAY CONTAIN EGG

SIDES
Garlic Bread (*GLUTEN*)
Pasta (*GLUTEN*)
Peas & Sweetcorn
Homemade Bread *GLUTEN*

DESSERT
Oaty apple crumble &
custard *MILK/GLUTEN*

**JACKET POTATO
FILLINGS**
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Tuesday

MAIN MEAL
Homemade Sausage Rolls
GLUTEN/EGG/MILK/SULPHITES

VEGGIE MEAL
Cheese & Tomato Pizza
GLUTEN/MILK

SIDES
Chips
Baked Beans or Peas
Homemade Bread *GLUTEN*

DESSERT
Fruit jelly

**JACKET POTATO
FILLINGS**
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Wednesday

MAIN MEAL
Roast Chicken Dinner
with Yorkshire Pudding
GLUTEN/EGG/MILK

VEGGIE MEAL
Veggie Roast Dinner
GLUTEN/EGG/MILK

SIDES
Roast Potatoes & Gravy
Carrots & Cauliflower
Homemade Bread *GLUTEN*

DESSERT
Chocolate Spongewith
custard
GLUTEN/EGG/MILK

**JACKET POTATO
FILLINGS**
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Thursday

MAIN MEAL
Chicken Korma

VEGGIE MEAL
Vegetable Curry

SIDES
Plain Rice
Naan Bread
Green Beans
Homemade Bread *GLUTEN*

DESSERT
Lemon drizzle cake
GLUTEN/EGG

**JACKET POTATO
FILLINGS**
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Friday

MAIN MEAL
Fish Fingers
FISH/GLUTEN

VEGGIE MEAL
Cheese Sausage Roll
GLUTEN/MILK/EGG

SIDES
Chips
Baked Beans or Peas
Homemade Bread *GLUTEN*

DESSERT
Ginger Biscuit
GLUTEN

**JACKET POTATO
FILLINGS**
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA



Remember to
eat plenty of
Salad and
Fruit with
your lunch.

Allergen Coding:

ALLERGENS ARE IDENTIFIED UNDERNEATH EACH DISH – NOTE ALL PANINI CHOICES INCLUDE MILK